

CAPITAL CITY SENIOR GAMES

2023 RESULTS - SWIMMING FREESTYLE

SWIMMING 50 YD FREESTYLE - WOMEN

First Name	Last Name	Age Division	Time	Place
Paige	Parker	55-59	37.65	1
Susan	Poplin	55-59	53.75	2

First Name	Last Name	Age Division	Time	Place
Paige	Gill	60-64	29.75	1

First Name	Last Name	Age Division	Time	Place
Mary Jane	Tappen	65-69	37.18	1
Susan	Nichols	65-69	38.23	2
Jacklyn	Pittman	65-69	01:08.44	3

First Name	Last Name	Age Division	Time	Place
Sara	Gargiulo	70-74	38.83	1
Candace	Segar	70-74	41.03	2
Susanne	Fortune	70-74	01:35.25	3

SWIMMING 50 YD FREESTYLE - MEN

First Name	Last Name	Age Division	Time	Place
Ace	Haddock	50-54	29.68	1

First Name	Last Name	Age Division	Time	Place
Miguel	Sierra	55-59	32.12	1
Mark	Fuller	55-59	33.34	2

First Name	Last Name	Age Division	Time	Place
Ken	Jones	65-69	35.78	1
Michael	Bell	65-69	39.97	2

First Name	Last Name	Age Division	Time	Place
John	Wright	70-74	40.3	1
Donald	Phillips	70-74	44.14	2

First Name	Last Name	Age Division	Time	Place
Mark	Gargiulo	75-79	32.38	1

Michael	Twomey	75-79	37.23	2
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SWIMMING 100 YD FREESTYLE - WOMEN

First Name	Last Name	Age Division	Time	Place
Lori	Fitzpatrick	50-54	02:05.84	1

First Name	Last Name	Age Division	Time	Place
Jaquinn	Griffith	65-69	01:12.18	1
Mary Jane	Tappen	65-69	01:22.45	2

First Name	Last Name	Age Division	Time	Place
Sara	Gargiulo	70-74	01:28.25	1
Melanie	Sellers	70-74	02:23.15	2
Susanne	Fortune	70-74	03:19.46	3

First Name	Last Name	Age Division	Time	Place
Lois	Johnson	75-79	01:36.90	1

SWIMMING 100 YD FREESTYLE - MEN

First Name	Last Name	Age Division	Time	Place
Ace	Haddock	50-54	01:06.37	1

First Name	Last Name	Age Division	Time	Place
Mark	Fuller	55-59	01:21.81	1

First Name	Last Name	Age Division	Time	Place
Ken	Jones	65-69	01:28.69	1

First Name	Last Name	Age Division	Time	Place
Donald	Phillips	70-74	01:36.07	1
John	Wright	70-74	01:40.18	2

First Name	Last Name	Age Division	Time	Place
Mark	Gargiulo	75-79	01:11.27	1

SWIMMING 200 YD FREESTYLE - WOMEN

First Name	Last Name	Age Division	Time	Place
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Gretchen	DeYoung	60-64	03:17.05	1
First Name	Last Name	Age Division	Time	Place
Jaquinn	Griffith	65-69	02:39.50	1
First Name	Last Name	Age Division	Time	Place
Sara	Gargiulo	70-74	03:11.62	1
Melanie	Sellers	70-74	05:02.56	2
First Name	Last Name	Age Division	Time	Place
Lois	Johnson	75-79	03:38.52	1
Judy	Paukert	75-79	03:47.40	2

SWIMMING 200 YD FREESTYLE - MEN

First Name	Last Name	Age Division	Time	Place
Ace	Haddock	50-54	02:37.40	1
First Name	Last Name	Age Division	Time	Place
Mark	Fuller	55-59	03:14.10	1
First Name	Last Name	Age Division	Time	Place
Ken	Jones	65-69	03:34.55	1
First Name	Last Name	Age Division	Time	Place
Mark	Hanson	70-74	03:05.57	1
Donald	Phillips	70-74	03:37.77	2
First Name	Last Name	Age Division	Time	Place
Mark	Gargiulo	75-79	02:52.35	1

SWIMMING 500 YD FREESTYLE - WOMEN

First Name	Last Name	Age Division	Time	Place
Sara	Gargiulo	70-74	08:20.02	1
Candace	Segar	70-74	08:22.31	2
First Name	Last Name	Age Division	Time	Place
Judy	Paukert	75-79	09:55.49	1

SWIMMING 500 YD FREESTYLE - MEN

First Name	Last Name	Age Division	Time	Place
Ace	Haddock	50-54	06:59.00	1

First Name	Last Name	Age Division	Time	Place
Rick	Parker	55-59	09:16.94	1
Mark	Fuller	55-59	09:38.02	2

First Name	Last Name	Age Division	Time	Place
Mark	Hanson	70-74	10:03.58	1